

## WingTsun Adelaide FAQ's

The following information is designed to give you a general understanding of the purpose of the free trial week and answer some frequently asked questions.

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### **Purpose of the free trial week:**

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The free trial week is aimed at increasing your level of understanding of WingTsun and the benefits it offers. Through experience of WingTsun, the free trial week helps you identify how you can achieve your goals from practicing WingTsun. We offer the free trial week because we are confident you'll find that WingTsun is the best self-defence on the market. And we want to give you the chance to realise this for yourself at no expense!

### **How many classes can I attend in the trial week?**

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The free trial week enables you to participate in as many of the WingTsun classes' in that week for free! Currently there are five WingTsun schools in Sydney; during the trial week you may attend any of the classes at any of the schools for free. Unfortunately the free classes cannot be spread over several weeks, but must be attended within the week after your first trial class.

### **What to wear?**

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During your trial week please wear a white T-shirt and black pants with a clean pair of sneakers or trainers. Coloured T-shirts in the WT system denote certain senior student grades, so white T-shirts saves any confusion. Once you become a member you should wear appropriate WingTsun shirt, pants and shoes and the recommended personal protection gear for your level.

### **What is the appropriate code of conduct followed in training?**

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Please click [here](#) to read the school rules that will help you understand the appropriate code of conduct whilst training. Please don't hesitate to ask any question during training as we are all here to learn and others may also benefit from your questions. Remember whilst training should you be unable to perform any of the exercises for any reason please inform the trainer. We want your time here to be enjoyable as well as educational, and take pride in maintaining an environment where you are comfortable.

### **How do I become a member?**

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#### WingTsun Melbourne FAQ's

Membership is both simple and convenient. You have a choice of either a three, six or twelve month membership contract, and you also choose how many times you want to train each week. Please refer to the price list for more details.

Membership allows you to train on any day with classes according to the amount of training days specified on your contract. You are not limited to any particular day. It is also possible to attend classes other WingTsun schools' should you be unable to attend your regular WingTsun school class at some point. Always present your AWTN passport upon arrival at a new school. To become a member all you will need your personal details, three passport photos, bank details (BSB number and account number) or a credit card. Once you are a member contracts are renewed automatically.

#### **What other costs are there besides my membership contract?**

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Upon membership you will receive a WingTsun passport that is a once off fee of \$10 yearly you will need to pay a \$89 fee for your AWTN membership, which is the National governing body for all WingTsun schools. Other than that you will need to purchase a uniform that should be obtained within the first three months of training. Uniforms can be pieced together over time or bought as a set (buying as a set saves money, refer to price list). A complete uniform is required for attending any seminar. Groin protectors are compulsory for male student and highly recommended for female students. You find a all WingTsun protection gear and uniforms at [www.silvaback.com.au](http://www.silvaback.com.au)

#### **How will I be graded?**

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To keep the nervousness and stress out of your grading, grading's are integrated into two-day seminars, which are run every four months. This relaxed environment ensures you perform at a maximum when it counts, and also gives you the chance to meet others that practice and enjoy WingTsun. The grading also gives you the opportunity to train under Si-Fu for the two-day seminar (approximately 10 hours). Please note that the seminar and grading fee is not included in the membership fee.

For any further enquiry's please don't hesitate to contact us at the headquarters on 1300 134 480